



**Better Self**



# SPEECH PATHOLOGY

Speech Pathology is a branch of allied health dedicated to developing and supporting communication in all its forms.

## OUR SERVICE

Everyone has the right to communicate and be understood, and our job is to support our clients with this - whatever that looks like for them.

We believe in holistic, client-centred and evidence-based care. With more than 50 years' combined experience, our team of speech pathologists work closely with families, carers and allied health and education providers, to consider a client's overall needs and maintain consistent goals and strategies.

## WHERE IS THE SERVICE AVAILABLE?

Our Speech Pathology services are available through our clinics in the Adelaide metro area. We also periodically offer school-based services in partnership with local schools.



## WE CAN ASSIST WITH:

### **Language**

The words that we understand and use, and the way we construct sentences.

### **Speech & fluency**

The sounds we use to form words, and our speed and confidence in communicating.

### **Stuttering & cluttering**

Repetition of sounds, words or phrases; and concerns around conveying messages clearly.

### **Voice**

How we use body parts such as the larynx to make the sounds we need to communicate.

### **Augmentative/Alternative Communication**

Also known by the acronym AAC, these include strategies and tools to supplement or replace spoken languages.

## Get in contact:

Phone: 08 8182 3335

Email: [salisbury@betterself.com.au](mailto:salisbury@betterself.com.au)

## Find out more:

[betterself.com.au](https://betterself.com.au)





## ABOUT BETTER SELF

We provide supports and services to our clients of all ages built on trust, respect and equality, embracing diversity and valuing the experiences of everyone within our shared community.

We are proudly part of Lutheran Care, which was founded here in South Australia in 1969.

### REFERRALS AND COST

Our Speech Pathology services are charged per hour. We currently accept:

- Private fee paying clients (self referred)
- Enhanced Primary Care/Chronic Disease Management plans from a General Practitioner (gap charged)
- NDIS\* plan and self managed participants
- Department of Veteran Affairs clients.

\*Speech Pathology is funded through the National Disability Insurance Scheme (NDIS). As per the NDIS Pricing Arrangements and Price Limits guide, Speech Pathology utilises the following NDIS funding line:

- **Capacity Building – Improved Daily Living**

### READY TO FIND OUT MORE?

To find out more about how we can assist and which approaches may suit you, we invite you to get in touch.

Please email [salisbury@betterself.com.au](mailto:salisbury@betterself.com.au) or call us on **08 8182 3335**.

### WHAT DOES IT LOOK LIKE?

#### Assessment

- Speech Pathology typically starts with assessment of the specific areas of concern that have led a client to seek our services. For example, we might assess someone's receptive and expressive language (what they understand and what they say), or which sounds they are using when they are talking.
- Where possible, we take into account information from other practitioners, family members or educators.

#### Goal setting & intervention planning

- We then collaboratively develop goals and an intervention plan, which sometimes includes personalised resources (eg. flashcards).

#### Intervention

- The Speech Pathologist then leads the intervention (primarily in-clinic), complemented by home practice and other strategies.